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Fast, Simple Urine Drug Extraction with In-well Room Temperature Hydrolysis and Enzyme Removal to Extend LC Column Life

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Introduction

Liquid chromatography with tandem mass spectrometry (LC-MS/MS) is an essential tool for detecting the presence of drugs and their metabolites in urine samples. However, highly water-soluble glucuronide conjugates can affect the sensitivity and specificity of these tests. Many laboratories use hydrolysis to cleave Glucuronic Acid from the parent compound to overcome this challenge, thereby improving analyte detection by LC-MS/MS. One widely used hydrolysis technique in urine drug testing is enzymatic hydrolysis using β -glucuronidase enzymes.

Next-generation β -glucuronidase enzymes, such as IMCSzyme[®] RT, are highly active at room temperature and require less enzyme for complete hydrolysis. This reduction in enzyme quantity puts less protein on column and prolongs column life. However, due to endogenous metabolites in human urine samples, not all next-generation β -glucuronidase enzymes can hydrolyze glucuronidated metabolites equally. Previously, IMCS has reported that naturally occurring components of urine, such as urea, as well as metabolites from diet, such as vitamins and flavonoids, can have a negative impact on β -glucuronidase hydrolysis efficiency and not all β -glucuronidases are equally affected.

In this technical note, we evaluate the hydrolysis efficiency of IMCSzyme RT by 1) hydrolyzing 4 human urine samples at a range of enzyme amounts, and 2) hydrolyzing 96 human urine samples at a fixed amount of enzyme. We also evaluated how sample treatment using β -Gone[™] Plus β -glucuronidase removal plates can improve column life and peak quality of analytes compared to Dilute-and-Shoot treatment methods, using a Kinetex[™] 2.6 μ m Biphenyl LC column.

Sample Preparation

Urine samples were a subset of those submitted for drug screening. Selected samples were screened and confirmed positive for Morphine, Oxymorphone, Hydromorphone, Codeine, and Temazepam. Certified Drug-Free Urine (DFU) was used as a control sample and fortified with glucuronidated drug standards. IMCSzyme RT was used for hydrolysis of the samples and protein concentration was based on A280 resulting in approximately 2 μ g/ μ L. Hydrolyzed samples were diluted to 40 % Methanol with 5 % Formic Acid in Methanol elution solvent and filtered through a β -Gone Plus plate (Part No.: [8E-S323-TGA](#)) to remove residual hydrolysis enzyme. Samples were diluted to 10 % Methanol with Water prior to injection on LC-MS/MS.

Hydrolysis with a range of enzyme amounts: 12 human urine samples were pooled into 4 subsets to make samples positive for specific analytes: (1) Morphine, Hydromorphone, Buprenorphine, Norbuprenorphine, Temazepam, Oxazepam; (2) Oxymorphone and Hydromorphone; (3) Hydromorphone; and (4) Codeine. Control samples were fortified with the same glucuronidated metabolites at 100 ng/mL of free base. Control and human samples were hydrolyzed at room temperature (\sim 20 °C) for 15 minutes with IMCSzyme RT at multiple enzyme concentrations ranging from 0 – 200 μ g (**Table 1**).

Hydrolysis with 20 μ g of enzyme: 96 human urine samples positive for at least one of the analytes (Morphine, Oxymorphone, Hydromorphone, Codeine, O-Desmethyl Tramadol, Tapentadol, Norbuprenorphine, Buprenorphine, Oxazepam, and/or Temazepam) were hydrolyzed with IMCSzyme RT using 100 μ L of urine, 20 μ g of enzyme and 300 μ L of room temperature buffer. 20 μ L of internal standard were also added to each sample.

IMCSzyme RT Dilute-and-Shoot Samples: Based on \geq 80 % analyte recovery hydrolysis results 20 μ g of IMCSzyme RT were used per reaction, mixed with 100 μ L of urine, 300 μ L of buffer and 20 μ L of Methanol to represent internal standard. Samples were diluted to 500 μ L final volume with 10% Methanol and 0.5% Formic Acid.

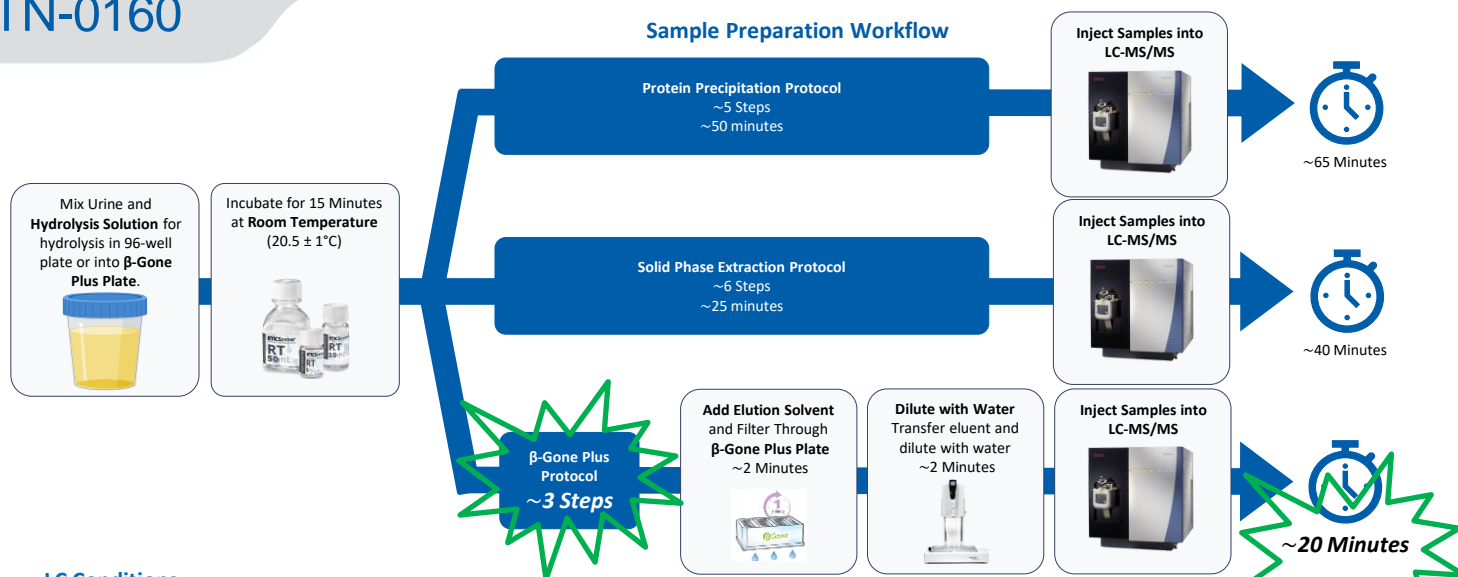
Table 1. IMCSzyme RT Master Mix Preparations.

Urine Sample (μ L)	IMCSzyme RT at 2 μ g/ μ L (μ L)	IMCSzyme RT in Reaction (μ g)	Water (μ L)*	Room Temperature Hydrolysis Buffer (μ L)	Internal Standard (μ L)
100	0	0	50	300	20
	2	4	48		
	4	8	46		
	6	12	44		
	8	16	42		
	10	20	40		
	30	60	20		
	50	100	0		

*Water was added after hydrolysis, so every sample had equivalent volume.



Sample Preparation Workflow



LC Conditions

Column: Kinetex™ 2.6 μ m Biphenyl
Dimensions: 50 x 4.6 mm
Part No.: 00B-4622-E0
Mobile Phase: A: 0.1 % Formic Acid in Water
 B: 0.1 % Formic Acid in Acetonitrile

Gradient:	Time (min)	%B
	0	5
	0.5	5
	1	95
	1.5	95
	1.55	5
	2.35	5

Flow Rate: 0.5 mL/min
Injection Volume: 10 μ L
Temperature: 40 °C
Instrument: Thermo Scientific™ Vanquish™ HPLC
Detection: MS/MS
Detector: Thermo Scientific TSQ Endura™ MS

MS/MS Conditions

Electrospray: 1000 V
Sheath Gas: 55 arb
Auxiliary Gas: 11 arb
Sweep Gas: 1 arb
Ion Transfer Tube Temperature: 300 °C
Vaporizer Temperature: 300 °C

Table 2. MRM Transitions

Analyte	Retention Time (min)	Precursor (m/z)	Product (m/z)	Collision Energy (V)	RF Lens (V)	Analyte	Retention Time (min)	Precursor (m/z)	Product (m/z)	Collision Energy (V)	RF Lens (V)
Oxymorphone-Glucuronide	1.10	478.183	284.040 460.097	28 22	142	Norbuprenorphine-Glucuronide	3.34	590.304	396.208 414.222	37 35	156
Morphine 3 β -Glucuronide	1.12	462.183	211.012 286.040	42 29	144	Tapentadol	3.79	222.183	107.111 121.111	26 21	105
Hydromorphone-3-Glucuronide	1.23	462.183	184.986 286.054	47 28	168	Tapentadol-D ₃	3.79	225.183	107.111 396.222	26 55	102
Morphine	2.09	286.4	157.100 165.100	39 40	136	Buprenorphine-Glucuronide	4.07	644.243	414.222 468.262	49 40	281
Morphine-D ₃	2.09	289.1	183.100 165.054	32 41	119	Norbuprenorphine	4.15	414.27	340.110 396.208	30 27	162
Oxymorphone	2.29	302.152	227.058 284.058	29 19	108	Norbuprenorphine-D ₃	4.15	417.274	343.165 241.000	29 38	164
Oxymorphone-D ₃	2.29	305.152	287.040 310.169	20 28	106	Oxazepam-Glucuronide	4.54	463	241.000 287.000	38 13	111
Naloxone Glucuronide	2.34	504.17	328.222 486.222	21 20	96	Lorazepam Glucuronide	4.63	498.7	276.875 322.889	37 13	109
Hydromorphone	2.54	286.122	157.000 184.986	42 30	127	Amitriptyline-Glucuronide	4.81	454.183	233.040 278.111	19 22	130
Hydromorphone-D ₃	2.54	289.183	184.929 326.468	30 21	130	Temazepam-Glucuronide	4.83	477.152	255.000 301.058	36 13	115
Naltrexol Glucuronide	2.77	520.27	501.994 199.040	38 47	229	Buprenorphine	4.9	468.365	396.151 414.222	40 35	194
Dihydrocodeine-Glucuronide	2.83	478.183	302.111 282.169	31 26	151	Buprenorphine-D ₄	4.9	472.274	400.222 241.000	40 23	186
Codeine-6-Glucuronide	2.85	476.213	300.111 267.879	30 24	160	Oxazepam	5.34	287	269.000 245.986	15 23	104
Naloxone	2.91	328.22	310.022 315.151	17 21	126	Oxazepam-D ₅	5.34	292	117.111 233.111	23 17	106
Naloxone-D ₅	2.91	333.2	199.058 201.058	33 29	106	Amitriptyline	5.39	278.243	233.040 233.111	18 17	103
Dihydrocodeine	2.93	302.183	202.000 165.111	34 42	122	Amitriptyline-D ₃	5.39	281.183	275.960 303.875	22 15	109
Dihydrocodeine-D ₆	2.93	308.239	218.111 254.240	26 31	139	Lorazepam	5.42	322.091	303.875 280.946	15 23	106
Codeine	2.99	300.19	326.169 215.111	21 25	129	Lorazepam-D ₄	5.42	326.7	255.058 282.986	22 14	99
Codeine-D ₆	2.99	306.183	218.111 254.240	26 31	128	Temazepam	5.9	301.091	260.040 327.111	23 22	98
Naltrexol	3.17	343.865	329.240 107.169	21 45	107	Temazepam-D ₅	5.9	306.091	327.040 327.040	15 15	128
Naltrexol-D ₃	3.17	347.24	222.183 222.183	22 22	129	cTHC Glucuronide	6.29	521.335	345.111 299.111	12 19	132
Tapentadol Glucuronide	3.24	398.183				cTHC	7.14	345.274			
						cTHC-D ₃	7.14	348.312	330.111	15	121

Have questions or want more details on implementing this method? We would love to help! Visit www.phenomenex.com/Chat to get in touch with one of our Technical Specialists

Results and Discussion

Ninety-six urine samples were hydrolyzed with IMCSzyme RT using 20 µg of enzyme in the reaction for Dilute-and-Shoot and β-Gone workflows. Samples were considered positive (+) with ≥ 25 ng/mL of drug and negative (-) with < 25 ng/mL of drug (Table 3).

Control and pooled urine samples were analyzed. Hydrolysis results were converted into % hydrolysis due to the differing concentration of drug in control and patient samples. Hydrolysis was considered complete at ≥ 80% hydrolysis. 20 µg of enzyme was found to be sufficient for adequate hydrolysis of targeted analytes.

IMCSzyme RT with Dilute-and-Shoot and IMCSzyme RT processed with β-Gone Plus were compared. The injection sequence involved injecting one blank and three neat standard injections (10-minute run time). This was followed by injecting 96 Dilute-and-Shoot or β-Gone Plus treated samples. The sample injections were accelerated to 2.35 minutes to reduce run time and mobile phase waste, but column wash and column equilibration times remained equivalent between methods. This sequence was repeated 20 times for IMCSzyme RT Dilute-and-Shoot samples and the IMCSzyme RT processed with β-

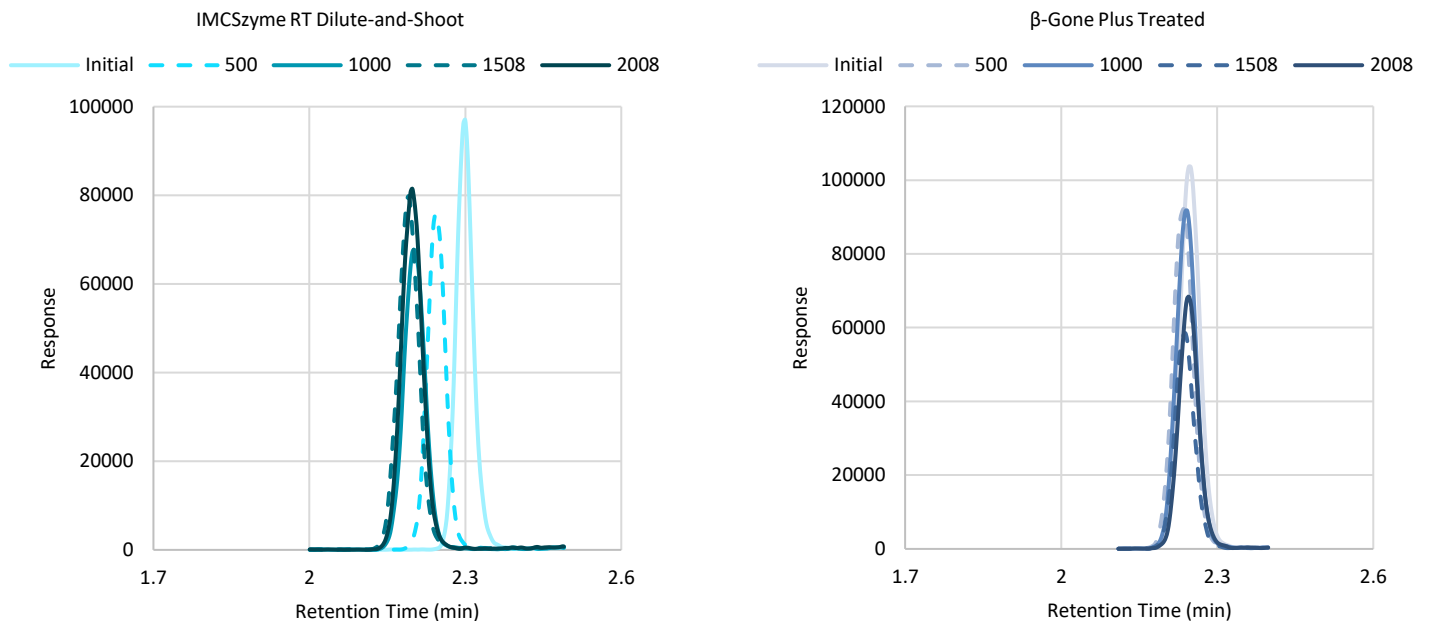
Gone Plus. Each sequence finished with a blank and three neat standard injections for a total of 2008 injections for IMCSzyme RT Dilute-and-Shoot and IMCSzyme RT processed with β-Gone Plus.

All sample treatment methods started with a brand new Kinetex 2.6 µm Biphenyl, 50 x 4.6 mm column from the same batch to reduce variability. Total Ion chromatograms (TICs) of Morphine were plotted. The full width at half max and asymmetry of Morphine peaks were calculated. Full width at half max should be as low as possible. Low values indicate a nice tall sharp peak while high values would indicate a short wide peak. Peak symmetry should be around 1, values higher than 1 indicate asymmetrical fronting and values less than 1 indicate asymmetrical tailing. The TICs of Morphine show that IMCSzyme RT Dilute-and-Shoot samples caused significant retention time shifting (Figure 1). Full width at half max started out at 0.03, increased to 0.04 by 200 injections and stayed at 0.04 up to 2000 injections. Peak symmetry started out at 1.2 and fluctuated between 0.8 and 1.2 through 2000 injections.

Table 3. Summary of Drug Screening Results on 96 Urine Samples. Samples are Considered Positive at >25 ng/mL and Negative <25 ng/mL.

Drug	Positives	Negatives
Temazepam	7	89
Morphine	17	79
Oxymorphone	36	60
Hydromorphone	51	45
Codeine	5	91

Figure 1. Example Total Ion Chromatogram for Morphine.



Conclusions

The combination of IMCSzyme® RT and the β-Gone™ Plus plate provided fast, in-well room temperature hydrolysis and efficient removal of residual β-glucuronidase enzyme in urine samples. The total sample preparation time using β-Gone Plus and IMCSzyme RT was 20 minutes. This is significantly shorter than using traditional SPE or manual protein precipitation. Enzyme removal using β-Gone Plus resulted in cleaner samples and extended column life of the Kinetex™ 2.6 μm Biphenyl LC column compared to Dilute-and-Shoot analysis. This workflow hydrolyzes even the most challenging urine samples and reduces the risk of LC column clogging and costly instrument downtime.

Ordering Information

Kinetex Analytical Columns

2.6 μm Analytical Columns (mm)							SecurityGuard™ ULTRA Cartridges [†]
Phases	30 x 4.6	50 x 4.6	75 x 4.6	100 x 4.6	150 x 4.6	250 x 4.6	3/pk
EVO C18	00A-4725-E0	00B-4725-E0	—	00D-4725-E0	00F-4725-E0	00G-4725-E0	AJ0-9296
PS C18	00A-4780-E0	00B-4780-E0	—	00D-4780-E0	00F-4780-E0	00G-4780-E0	AJ0-8949
Polar C18	00A-4759-E0	00B-4759-E0	—	00D-4759-E0	00F-4759-E0	—	AJ0-9530
Biphenyl	—	00B-4622-E0	—	00D-4622-E0	00F-4622-E0	—	AJ0-9207
XB-C18	—	00B-4496-E0	00C-4496-E0	00D-4496-E0	00F-4496-E0	—	AJ0-8768
C18	00A-4462-E0	00B-4462-E0	00C-4462-E0	00D-4462-E0	00F-4462-E0	—	AJ0-8768
C8	—	00B-4497-E0	00C-4497-E0	00D-4497-E0	00F-4497-E0	—	AJ0-8770
HILIC	—	00B-4461-E0	00C-4461-E0	00D-4461-E0	00F-4461-E0	—	AJ0-8772
Phenyl-Hexyl	—	00B-4495-E0	00C-4495-E0	00D-4495-E0	00F-4495-E0	—	AJ0-8774
F5	00A-4723-E0	00B-4723-E0	—	00D-4723-E0	00F-4723-E0	—	AJ0-9320

for 4.6 mm ID

[†]SecurityGuard ULTRA Cartridges require holder, Part No.: [AJ0-9000](#)

β-Gone β-Glucuronidase Removal Products

Part No.	Description	Unit
8B-S139-TAK	1 mL Tubes, Recombinant Enzyme	100/Box
8B-S322-DAK	1 mL Tubes, Non-Recombinant Enzyme	100/Box
8E-S139-TGA	96-Well Plate, Recombinant Enzyme	1/Box
8E-S322-DGA	96-Well Plate, Non-Recombinant Enzyme	1/Box
8E-S323-TGA	96-Well Plate Plus 30 mg/well, Recombinant/Non-Recombinant Enzyme	1/Box
8E-S323-UGA	96-Well Plate Plus 60 mg/well, Recombinant/Non-Recombinant Enzyme	1/Box
8N-S323-TUK	2 mL Centrifuge Tubes, Recombinant and Non-Recombinant Enzyme	100/Box



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